



## HELLO TO ALL....

Wow, so much has been happening since our February newsletter. The shop has been revamped, we have been organising Pamper Days, Members Days and our Anniversary Fair in May was fantastic! We have changed our Gift Packs to Fair Trade sourced Jute Bags. An environmentally sustainable industry supporting local families in India.

We are in the midst of making our soaps Palm Oil Free in order to save the homes of the orangutans and we have been carefully selecting our suppliers for Certified Organic Ingredients. Initially we will introduce these ingredients in our Mother & Baby products with the vision to extend throughout our range.

We are busy working with Russell Goodmann, Graphic Designer from Tonne Gramme who is Re-Branding our business and our website is going to be revamped too!! Hopefully all in time for Chrissy!

I hope everyone is still enjoying the high quality, high integrity products we make here at Verissima. It's great to know we can have a positive impact on your life by producing products without the hefty price tags or harmful ingredients. Our company wants to make a difference towards your health in line with our ethos to nurture you and protect the environment. Definitely *Soul food for your Skin*.

Thank you for your continued support and I look forward to seeing you in the near future. *Natalie Wright - Proprietor*



## Upcoming Events at Verissima

**MEMBERS DAY OCT 24**

**10 - 4PM**

Our very popular members day will be on again. The weather is sure to be sunny. Come along enjoy a cuppa or cold drink and delicious appetisers made from certified organic ingredients. Current members receive your 20% discount on our hand made

**MAKE YOUR OWN  
SOAP with Tarja**

**NOVEMBER 27**

**10 - 1230**

**Morning tea provided**

**Cost \$45**

**Call to book your place for  
this workshop.**

**CHRISTMAS FAIR DEC 5**

**10 - 4PM**

The year is happily moving along - before you know it Santa will be here. This Christmas Fair promises to be amazing. Local producers, healers, artisans. Face painting for the kids (adults too if you like). Delicious food and all things festive. Bring the family and have some fun.

# Recent Events at Verissima

Our Pamper Days, Members Days and Fairs at Verissima are always well received. Our last Members Day seen customers treated to delicious organic lemon/macadamia, pistachio rose & chai latte mini muffins, rich chocolate & lavender chocolate bite size brownies, an assortment of savory muffins and spinach pinenut & ricotta scrolls. Delicious food prepared by Megan Sheppard of Wildflower Botanicals. These accompanied with a Certified Organic Coffee or Organic Herbal Infusion went down well.

Our winner of the 1 1/2hr Bliss Healing Massage (value \$120) with Melissa Prince was Louise Schofield. Louise has been a member of Verissima since 2004 so it was fantastic for someone to win who has supported us for so long.

So do not let your membership lapse! Only current members go into the draw on members days to win a nurturing prize.

Our **next Member Day is Saturday October 24**. Come along enjoy some wholesome food, and re stock on your favorite Verissima products.



The May Fair was great fun, the weather was kind and we had local artisans portraying their hand made crafts. These included Robyn who makes lead light craft/ natural crystals, Kai had all things good for your garden with his Worm Weee, Sandra was hands on with Reflexology and Tarot, Nina who delighted the children with her amazing face painting artwork, Joyce who's hand made pearl & crystal jewellery was fantastic plus Barefoot Designs clothing and many more. Practitioners located here at Verissima House had their doors open to pamper and nurture you with reflexology, beauty therapy, massage and Energy Healing. We were entertained with music by Michael Moore



(backing vocals at the end of the day by Tara) and delicious food made by Christiane of the Village Café and Megan Sheppard of Wildflower Botanicals. The next Fair at Verissima will be our **Christmas Fair on Saturday 5 December 10 -4**. There will be Warm Stone Massage, hand made crafts, wholesome food, Local Producers including Certified Organic Olive Oil and products from Wambyn Olive Oil in York, Honey and products from



Beez Neez Apiary Chidlow, clairvoyance, tarot, massage, beauty therapy, Nina's face painting to name a few. *See you there.*

## WHAT'S NEW?

Its very exciting when a new product is created. It comes from a vision, a request, instinct, then there's a buzz in the air, everyone waits in anticipation, suggestions are thrown around, the wizard goes to work and then volaa there it is...

### NATURAL WOMAN ~ RICH DAY CREAM

A cream created by Vera Ross to compliment our extremely nourishing Rich Night Cream. The day cream has been lovingly crafted with Rose Damask interlinked with Sandalwood, Rose Geranium and a hint of Lavender.

Come smell (it's amazing) try and enjoy! I recommend this cream for dehydrated and/or aging skin. A deeply nourishing cream to use throughout the day. Created so it will not clog your pores, it will be absorbed immediately but have a long lasting effect.

I am having an **introductory offer** until the end of October where you can purchase a 30ml jar for \$12 or a 60ml jar for \$22. After this time only the 60ml will be available at \$28.

### TINTED LIP BALMS

This came as a request from kids for a coloured lip balm, and mums not wanting their children putting chemicals on their child's lips. That makes a lot of sense to us. So Tarja - one of Verissima's amazing cream makers and Qualified Biochemist went to work. The result - our lip balm enriched with red oxide, which has been approved for cosmetic use. We have various tones for you to try from a slightly pink lip balm to a full on deep red, lipstick like lip balm. If well received we will continue to make and supply in our store.

**Introductory price** \$9 Retail Price \$10. Try it on, fantastic!



### ORGANIC FRUIT INFUSIONS & ORGANIC BATH TISANES

These astounding products have been created by Megan Sheppard, Director of Wildflower Botanicals. A company dedicated to creating earth friendly products. The botanicals used in the organic Fruit Infusions (herbal teas) and Bath Tisanes have traditionally been used to assist with many ailments. There's sure to be one to delight your senses! Megan has high ethical and environmental standards and is genuinely passionate about the products created by herself and her family. I am very happy to have found a like minded person who has a range of products to compliment our own. For further products available from Wildflower Botanicals visit [www.Wildflowerbotanicals.com](http://www.Wildflowerbotanicals.com).

# DISCONTINUED LINES

After research, thought, and discussion I have decided to discontinue the **Shampoo, Conditioner & Shower Gel Range**. we only have a little stock left and once gone we will not be supplying it anymore.

**WHY?** I am well aware how much some customers love this range, however, we, at Verissima take great pride in the products we create here on the premise. The base product for our shampoo, conditioner and shower gels is the *only* product blended elsewhere, and once there is an exception I believe it adversely impacts on our integrity. My research also found that although SLS and Paraben free, it still contained chemicals that can cause unfavorable skin and health conditions in some individuals. This is not what we are about. Our company is committed to using ingredients that are derived from a natural source and I will continue to research ingredients to ensure they are what they say they are, safe for us all to use and which does not impact on the environment.

I recommend a book written by Dr Peter Dingle and Toni Brown, 1999, *Cosmetics and Personal Care Dangerous Beauty*. This will open eyes and educate you as to what some company's are willing to put in their products and what we at Verissima are ensuring we do not include. It will also provide you with information so as a consumer you can make an informed decision when purchasing products.

Due to this Range being discontinued we have excess stock of our bottles to clear out. You can purchase either the 250ml or the 125 ml shower gel bottles until sold out.

**250ml with either a flip top lid or pump for \$1.20 and the 125ml for \$0.80c. BUY 10 FOR \$10 250 ML & 10 FOR \$6**



# Where can I buy Verissima?

We carefully select stores & events where we wish to promote our product. Below is a list of places that currently stock Verissima. Fantastic businesses, worthy of a browse and definately a place to support.

## HERB CIRCLE

Shop 6, 22 Haynes St Kalamunda Village Kalamunda WA 9257 1248

## CRAFT PARTNERS

Shop 5, Railway Road Kalamunda WA 9293 0086

## EARTHBOUND ORGANICS

Shop 4/1 Soldiers Rd Roleystone WA 9397 7899

## THE NEW LEAF BOOK STORE

Shop 5/25 Preston St Como WA 9367 4222

## FREMANTLE VILLAGE ART MARKET 10am - 4pm

In Kings Square Next to Town Hall 8 William St Fremantle

Vera Ross will be here **most Thursdays**.

As we have over 80 products, not all can be on display. So if you have that special product you wish to purchase please ring Vera on 9295 4573 or 0401 403451 and we will ensure it will be there waiting for you.

## **HOUSE**

### ***Melissa Prince***

\*0409922998\* Intuitive consultations, spiritual healing,  
bliss massage now available Monday & Tuesday

### ***Julie Wallace***

\* 0437 880 161 \* Naturopathy, Iridology, Massage, Nutrition & Herbal Medicine, Reflexology

### ***Charlotte LeCocq***

\* 0417619536 \* Bowen, Massage, Dorn Method, Champissage & Theta Healing, Reflexology

### ***Samantha Martino***

0431 824 381 \* Beauty Therapist\*

### ***Lee Spaul***

0405 703 996

Kinesiology, Reiki, Massage

### ***Petra Webstein***

040 088 8003

Empowerment Coach, Energy Healing

### ***Wyn Fields***

0403 492 940

Reflexology, Reiki, Flower Essences, Colour Healing, Homoeopathy

### ***Julia Boag***

Julia is a certified Reflexologist \*0427337492\*

**CONTACT PRACTITIONER DIRECT TO OBTAIN ANY FURTHER INFORMATION or  
MAKE A BOOKING**

## **COURSES & CLASSES AT HARMONY HALL**

### **COURSES**

#### **Embracing The Law of Attraction and Emotional Freedom Techniques**

Day Workshop 27/10/09 930 - 1330

Contact Coraly 9572 1762 to make a booking

### **CLASSES**

#### **KUNDALINI-YOGA**

A dynamic blend of postures, pranayam (breathing techniques), mantra, music, and meditation.

Mondays 615 - 745PM, during school term

Enquiries: Elke 9295 4442

#### **HATHA YOGA**

Mondays during school term 0930 - 11am and Wednesdays during school term 630pm - 8pm

Enquiries: Helen 9295 2754

#### **YOGA WITH LINDA**

Thursdays 615pm - 745pm, during school term

# Verissima Membership

Please fax completed form to Verissima Natural Skincare on (08)9295 6483 email to sales@verissimahouse.com or mail to 16 Craig Street Mundaring WA 6073

## Membership Benefits

- 10% discount on all Verissima Products plus BIG discounts on all NEW Verissima Products
  - Receive a FREE feel good spray - your choice of "Citrus & Vanilla Temptation" or "Sweet Surrender"
  - Receive invitations twice a year to a Members Only Day where you can save 20% on your shopping at Verissima House and be treated to champagne and snacks.
  - Receive a discount on sessions with our therapists (this applies only on Members Day).
- Yes, I want to become a Verissima member
- Please send me a membership card valid for 12 months (\$15).
- Please renew my membership (\$10) **must be within 1 month of expiry.**
- I would like a FREE Feel Good spray (new members):
- Citrus & Vanilla Temptation
  - Sweet Surrender

Name	_____		
Street	_____		
Suburb	_____	Postcode	_____
Tel	_____	Email	_____
<input type="checkbox"/>	I enclose cheque / money order		
<input type="checkbox"/>	My credit card details are: Name on Card _____		
Card No.	_____	Exp	___ / ___

## DATES FOR YOUR DIARY 2009

**OCTOBER 24 Members Day** 10am - 4pm

**DECEMBER 5 Verissima Christmas Fair** 10am - 4pm

## VERISSIMA NATURAL SKINCARE SPRING OPENING HOURS

### OCTOBER

MON - THURS 9 - 5 FRIDAY closed SAT 10 - 2 SUN closed

### NOVEMBER & DECEMBER

MON - FRIDAY 9 - 5 SAT 10 - 2 SUN closed

**CLOSED THURS 24 DEC - 10 JANUARY REOPENING 9AM MONDAY 11 JAN**